



Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
6776	07.06.2022	10.06.2022	Palakkad Kerala	www.english.mathrubhumi.com/English https://english.mathrubhumi.com/news/kerala/shigellosis-diagnosed-in-3-children-in-palakkad-know-more-about-shigella-and-its-precautions-1.7584943
Title:	Shigellosis diagnosed in 3 children in Palakkad, Kerala; know more about Shigella bacteria, precautions			
Action By CSU, IDSP -NCDC	Information communicated to DSU – Palakkad, SSU- Kerala			

Three children in the Palakkad district were diagnosed with infection caused by Shigella bacteria. All the infected children are below 10 years of age and residents of Alanallur and Lakkidi-Perur panchayats. Food poisoning cases were reported in these regions recently.

A few persons who attended a function at Alanallur were affected by food poisoning last week. Two children among them were hospitalised and shigellosis was confirmed later in the blood and stool sample tests. The panchayat officials informed that all the elders who were infected by food poisoning have been cured now.

A six-year-old boy has been detected with the infection of Shigella bacteria in LakkidiPerur on June 4. The officials of the health department said the boy had visited Pattambi with his parents a few days ago and had food from the hotels there. They also stated that the siblings of the boy who is admitted to a hospital in Ottapalam also exhibit the symptoms of shigellosis. Though there is no situation to get panicked, the officials urged the public to be cautious.

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Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

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Shigellosis and symptoms

Shigellosis is caused by the infection of Shigella bacteria. Severe diarrhoea, fever, stomach ache, nausea and fatigue are the major symptoms, which usually start only one to two days after being infected. As the bacteria attack mainly on the intestine, blood stains could be found in the faeces.

The symptoms may span from two to seven days or even more. In some cases, symptoms may not be severe.

The chances of the infection being fatal is high among children below five years of age and those who have less immunity.

Precautions

- Seek immediate medical aid for fever, dehydration and fatigue
- Drink only cooled boiled water; chlorinate water sources
- Avoid eating fruits and vegetables without washing properly
- Wash hands properly with soap and water after defecation and before having food.
- Properly dispose the diapers of babies
- Preserve fish, meat, egg and milk in advised temperature
- Stay away from cooking food if you have symptoms of disease
- Consume only hygienic food prepared at clean places
- Disinfect toilets and washrooms

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