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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5287	18.05.2019	21.05.2019	Thrissur Kerala	www.thehindu.com/English https://www.thehindu.com/news/national/kerala/alert-against-jaundice-in-thrissur/article27173961.ece
Title:	Alert against jaundice in district Thrissur, Kerala			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Thrissur, SSU-Kerala			

More than 200 cases confirmed in Thrissur district since January

District Medical Officer K.J. Reena has asked people to keep vigil against spread of jaundice.

Jaundice tops the list of summer diseases reported from the district with more than 200 cases been confirmed since January this year.

Around 40 people who attended a marriage function at Ollur were affected by the disease last month. Most of the cases have been reported from Puthur, Kuttamkulangara, Punkunnam, Ollur and Thriuvambadi in the district.

Though the Health Department conducted raids at eateries, cool drinks shops and ice factories as part of the Thrissur Pooram, cases are being reported even now. Jaundice or hepatitis A spreads through contaminated water and food.

Save Water- Save Life, Save a tree- Don't print unless it's really necessary!

Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

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Commercial ice used for cool drinks and contamination of well/pond water by septic tank waste are the main villains. Major precautions to be taken for prevention of the disease are drinking of boiled water, avoiding unhealthy food, cleaning hands after toilet use, avoiding contact with affected patients and chlorination of water sources, according to the Health Department.

“Those who are affected by jaundice should take lots of water and avoid fatty food. They should take complete rest. The disease will be cured in one-and-a-half months. As jaundice affects liver, people should do regular checkups,” Dr. Reena said.

People should make sure that commercial ice is not used in welcome drinks at parties and cool drinks available in shops.

Drinking water

Only pure drinking water should be used for making ice. The Health Department has been conducting awareness programmes on prevention methods and chlorination of water sources in affected areas.

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