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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

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4010	28.04.2017	28.04.2017	Gurugram Haryana	www.timesofindia.com/English http://timesofindia.indiatimes.com/city/gurgaon/gurugram-gets-suspected-swine-flu-case-after-2-years/articleshow/58404063.cms
Title:	Gurugram gets suspected swine flu case after 2 years			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Gurugram, SSU-Haryana			

After two years, swine flu seems to be back in the city. Two kids — an eight-year-old girl and her six-year-old brother, from Patel Nagar in old Gurugram — have been diagnosed with symptoms of swine flu. The girl has been put on Tamiflu medicine, while the boy is being treated for flu at Civil Hospital. According to doctors, the girl was brought to the hospital on Tuesday after she developed symptoms of the respiratory disease earlier this week.

"She had trouble breathing, had high fever and blood-shot eyes. Her symptoms were severe i.e., on the lines of category B of swine flu. We immediately put her on Tamiflu," a senior doctor, who is treating the patient, told TOI on Thursday. The very next day, i.e., on Wednesday, her brother too developed similar symptoms, and his parents took him to the hospital. However, the doctors are treating him for flu as his symptoms are not so severe. As per government guidelines, any patient with category B symptoms should be put on swine flu medicine with immediate effect. The swab test to confirm swine flu is only conducted when the severity reaches category C. In category A, symptoms include fever, cough, watery eyes, running nose and loose motions. In category B, symptoms are high fever, red eyes, cough, watery eyes, running nose and loose motion.

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**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

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And category C symptoms include extreme influenza, high fever, red eyes, cough, watery eyes, running nose and loose motion. Health experts say the virus can survive on steel and plastic surface for one to two days, on paper and clothes for 8 to 12 hours, on tissue paper for 15 minutes, and on hands for 30 minutes. A patient can start showing symptoms from one to seven days after contracting the virus. A patient can inadvertently spread the disease even before he starts showing any symptoms of the disease himself. The risk of transmitting the disease are highest up to 24 hours before the symptoms are seen to up to eight days after they are detected to be carrying the deadly virus.

Notably, this is the first case of suspected swine flu after December 2015. Back then, a 41-year-old man from Meerut was diagnosed with swine flu after a sample of his sputum confirmed the presence of the deadly H1N1 influenza virus. Surprisingly, this flu usually occurs in the winter and cases start appearing after temperature goes below 20 degrees Celsius. When contacted, principal medical officer Dr Kanta Goyal said, "The department is fully ready to deal with the disease. Test samples will be drawn from the suspected cases and alerts will be issued to all schools. We have created an isolation ward for treatment of swine flu patients. We are well stocked with the required medicine. In addition, all patients coming to OPDs will be screened for relevant symptoms."

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